



Breast Cancer Awareness Month – October

Every October, Breast Cancer Awareness Month is observed across Australia to raise awareness about breast cancer and its profound impact on individuals, families, and communities. - the aim is to promote early detection, support services, and ongoing research.

Breast cancer is the most commonly diagnosed cancer among women in Australia, aside from non-melanoma skin cancer. In 2025, it is estimated that 20,973 new cases will be diagnosed. The lifetime risk of developing breast cancer is 1 in 8 for females and 1 in 667 for males.

During this month, we honour those affected by breast cancer, support ongoing research, and encourage everyone to be proactive about their breast health.

Early detection saves lives. Regular breast self-examinations, along with routine medical screenings, play a crucial role in identifying changes or abnormalities early—when treatment is likely to be most effective.

For further information on how to self check visit www.breastscreen.sa.gov.au



HEALTH FOCUS

WORLD
**MENTAL
HEALTH
DAY**
10th October



Online Bookings
are currently unavailable.



We hope to have back up
running again soon!

Daylight Savings starts
Saturday 5th October
CLOCKS GO FORWARDS



CLOSED

We will be closed
Monday 6th October for
Labour Day Public Holiday

PRACTICE DOCTORS

Dr Arne Leschner

Dr Dimitry Podorozhnyy

Dr John Williams

Dr Alison Lydeamore

Dr Suzani de la Rouviere

Dr Anke Vermeulen

Dr Alice Fitzpatrick (Registrar)

Dr Camilla Camargo (Registrar)

Dr Lara Franklin (Registrar)

APPOINTMENTS

- Bookings can be made by phoning the Clinic or online via our website.
- Please book your follow up appointment after your last visit to avoid delay.
- An interpreter service is available upon request - please let us know at the time of booking.
- Late cancellation and missed appointment fees will apply. Please notify us at least 4 hours in advance if you cannot attend your appointment.

CLINIC HOURS

Mon-Fri.....8.30am-5.30pm
Sat.....8.30am-11.30am
(fortnightly)

AFTER HOURS & EMERGENCY

For after hours care, contact Port Lincoln - Hospital Accident & Emergency on **7669 1296**. In the event of an emergency, call **000**.

Fees may apply for these services

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www.investigatorclinic.com.au

**For further information, please refer to our Patient Information Brochure at Reception*

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